



# LONG Distance Coaching PATHS® Plus

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# What is PATHS® Plus?

- PATHS® Implementation in Years 3-6 (Primary 4-7)
  - London, Wales, Scotland, Northern Ireland
- Tailored Support - Specialist Coach
- Targeted Intervention – Friendship Group
- Supervision – Mairead Ewart
- Trainers and Technical Assistance – Elaine Berrena and Sandra Stewart

# Goals of the Trainer

- To ensure that PATHS® is implemented as designed
- To provide Technical Assistance to promote high quality local implementation
- To develop local capacity of Specialist Coaches
  - Affiliate Trainers for Barnardo's
- To problem solve challenges and to celebrate successes

# Strategies for PATHS®

## Training for Specialist Coaches

- The PATHS® Program Model
- Program content and implementation quality and fidelity
  - The Coaching Process for PATHS®
    - Strategies for relationships with classroom teachers
    - Classroom visits – modeling, co-teaching, observing, providing feedback , problem solving
    - Data collection and record keeping

## Ongoing Long Distance Consultation

# Strategies for Friendship Group

Training for Friendship Group Leaders and School-Based Co-leaders

- The Friendship Group Model – high quality implementation
- Program delivery support – videotaping sessions with feedback
- Session planning
- Problem solving challenges
- Data collection and record keeping

# Schedule of Contacts

- Face to face training at least twice a year
- Monthly conference calls between program trainers and Specialist Coaches / Friendship Group Leaders
- Regular videotape feedback – Friendship Group Leaders
- Regular supervision calls with Lead Specialist Coach
- Ongoing email and phone support, as needed

# Celebrations and Challenges

- Support from Coaches and FG Leaders
- Implementation of PATHS®
- Additional Development of PATHS®
- Time – lesson adaptations while coaching
- Changes in personnel
- Technical difficulties

# Lessons Learned...

- Problem solving technical glitches
- Scheduling contacts

It works!

If you want one year of prosperity, grow seeds

If you want ten years of prosperity, grow trees

If you want one hundred years of prosperity, grow people

-Chinese proverb



# Contact Details

***To find out more about Long Distance Coaching, please feel free to contact us!***

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