Emotion Art Ideas

- 1. Using colored pom poms, spell feeling words for bulletin boards.
- 2. Feelings circle (10-12 inch) an arrow made from paper is placed in middle of circle. Six feeling faces which children have personalized, are glued around the edge of circle. The child can move the arrow to how he/she is feeling.
- 3. Feelings flag each child designs a feelings flag to place around the world on the classroom wall, because feelings are universal.
- 4. Children use clay/playdough to sculpt different feeling faces.
- 5. Feelings tree (trunk and branches made from paper and laminated for classroom wall) different emotions printed on tree leaves can be added to the tree as feeling lessons are taught. Children make their own individual feelings tree with trunk, branches and leaves/apples.
- 6. Feelings flower center of paper flower has a feeling. The petals give examples of times when a child felt that emotion. Children decorate a flower made from paper and popsicle stick with their name. They place their flower into a flower pot, which matches how they are feeling (sad, happy, excited, tired).



- 7. Painting to music children choose paint colors and express how they feel to the different genres of music being played.
- 8. Children draw faces expressing uncomfortable and comfortable feelings using various art mediums finished art work displayed on bulletin board under comfortable and uncomfortable headings.
- 9. Photos taken of each child in the classroom expressing different emotions photos mounted on colored paper with name of emotion under the photo and displayed on wall.
- 10. Tracing the child's body on the floor and having the child add details for how they feel.
- 11. Creating emotion journals.



- 12. "Where is Twiggle?" Twiggle is camouflaged on a collage of green color "Is this comfortable or uncomfortable for Twiggle?" Feelings are personal.
- 13. Paper plate emotion masks made full size or half, with popsicle sticks for handle.
- 14. Plastic lid emotion masks decorate a comfortable emotion on one side of lid and uncomfortable emotion on the other side. Attach popsicle stick so child can hold and change feeling.
- 15. Feelings fish paper fish cut out "uncomfortable blue" and "comfortable yellow". Children decorate the fish and can use with paper clips/magnets for fishing game. To identify feelings, print emotion on back side of fish and have the children identify a time when they felt that emotion.

- 16. Emotion collage using a variety of photos (colored or black and white) of different emotions.
- 17. Emotion quilt/banner school project that can be displayed on school wall.



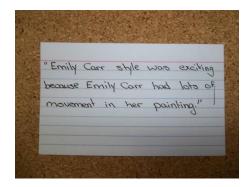
18. Combine children's literature, such as "The Way I Feel" by Janan Cain, with an art project.



19. Creating emotion art when studying various artists – give children one emotion and ask how the artist would convey that emotion. Example: "How would Mark Rothko express being calm?"



• Children studying the art work of Emily Carr:





20. Creating PATHS posters for the classroom, hallway bulletin boards and community. The grade five artists of these posters were feeling very "proud" to share their creative talent.





21. Include art projects that help emphasize PATHS® Units such as "Being Responsible and Caring for Others".



- 22. Mosaic feeling faces glue small pieces of paper or beans to a solid surface (poster board or canvas) to create emotion on facial forms.
- 23. With colored facial features (pre-cut or allow children to cut), children can make faces identifying emotions associated with events in their school. Example: How they felt about going to the zoo or how they felt about having to perform in their first school play, etc.
- 24. Display children's emotion art in your school staff room as a reminder for all teachers and support staff to be modelling and discussing feelings throughout their day.



For more information, please contact:

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